

# Advanced cadaveric course

## on **soft tissue reconstruction** and **tendon transfers** of **Foot** and **Ankle**

Organization:



Επιστημονική  
Εταιρεία Πρωτοβάθμιας  
Φροντίδας Υγείας

in cooperation with:



Balkan Foot  
and Ankle Society  
(BAFAS)

**June**

**14<sup>th</sup> - 15<sup>th</sup>**

**2024**

**Thessaloniki,**  
Greece

Teloglion Fine Arts  
Foundation &  
Laboratory of Anatomy &  
Surgical Anatomy of  
Aristotle University of  
Thessaloniki

**Final Program**



# WELCOME ADDRESS

Dear colleagues and friends,

We are pleased to welcome you to the **Advanced cadaveric course on soft tissue reconstruction and tendon transfers of Foot and Ankle** which takes place on **June, 14th-15th, 2024**, in Thessaloniki, Greece.

The Course is organized by the **Scientific Society of Primary Health Care**, in cooperation with the **Balkan Foot and Ankle Society (BAFAS)**.

In recent years we witnessed a significant increase of interest among orthopaedic surgeons in Foot and Ankle surgery and that's why many worldwide experts have been invited to share with us their knowledge and experience. The topics that will be presented in the Course will cover a great range of surgical procedures on the soft tissues of the Foot and Ankle.

The theoretical part of the Course will be held at the **Teloglion Fine Arts Foundation** while the educational program on fresh frozen cadaveric specimens will take place at the **Laboratory of Anatomy and Surgical Anatomy of Aristotle University of Thessaloniki**.

As hosts and organizers we shall spare no effort in making your participation scientifically rewarding and as meaningful as possible. We hope in your active participation.

Sincerely yours,

The Presidents of the Course

**Antonios Pettas**

Senior Consultant in Orthopaedic Surgery Thessaloniki, Greece  
CEO and Co-founder of Scandinavian Medical Center, Limassol, Cyprus

**Athanasios Badekas**

Orthopaedic Surgeon-Traumatologist,  
Director, 3<sup>rd</sup> Orthopaedic Clinic Henry Dunant Hospital Center, Athens, Greece





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June **14<sup>th</sup> - 15<sup>th</sup>** 2024 **Thessaloniki**, Greece

Teloglio Fine Arts Foundation & Laboratory of Anatomy  
& Surgical Anatomy of Aristotle University of Thessaloniki



## COMMITTEES

### Presidents

**Antonios Pettas** (Greece)

**Athanasios Badekas** (Greece)

### Scientific Committee

**Atanas Katsarov** (Bulgaria)

**Jouko Kivioja** (Sweden)

**Andrzej Komor** (Poland)

**Oliver Michelsson** (Finland)

**Nasef Mohamed Nasef** (Egypt)

**Ezequiel Palmanovich** (Israel)

**Serafim Tsitsilonis** (Germany)

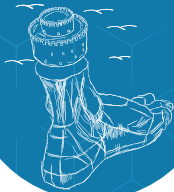
**Jurij Štalc** (Slovenia)

**Panos Symeonidis** (Greece)

**Pavlos Christogeorgos** (Greece)

## Scientific Program





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### SCIENTIFIC PROGRAM

Friday, June 14<sup>th</sup>, 2024

Teloglion Foundation of Fine Arts

09:00 Registrations

09:45-10:00 Greetings-Opening Speech

#### 10:00-11:00 SESSION I

Chairpersons: **A. Pettas** (Greece), **A. Badekas** (Greece)

10:00-10:10 Foot and ankle anatomy and biomechanics  
**A. Badekas** (Greece)

10:10-10:20 Tibialis anterior transfer and STAT operation  
**J. Kivioja** (Sweden)

10:20-10:30 Tibialis posterior transfer  
**O. Michelsson** (Finland)

10:30-10:40 Plantar plate rupture and repair  
**J. Štalc** (Slovenia)

10:40-11:00 Case presentations

11:00-11:30 Coffee break

11:30-11:45 Transfer to Laboratory of Anatomy & Surgical Anatomy AUTH

#### 11:45-14:00 Cadaveric Workshop

11:45-12:10 Tibialis posterior transfer  
**O. Michelsson** (Finland)

12:10-12:50 Participants practice

12:50-13:20 STAT operation  
**J. Kivioja** (Sweden)

13:20-14:00 Participants practice

14:00-15:00 Lunch break (Teloglion Foundation of Fine Arts)

### SCIENTIFIC PROGRAM

Friday, June 14<sup>th</sup>, 2024

Teloglion Foundation of Fine Arts

#### 15:00-16:00 SESSION II

Chairpersons: **J. Kivioja** (Sweden), **O. Michelsson** (Finland)

15:00-15:10 Tibialis posterior insufficiency and FDL transfer  
**A. Badekas** (Greece)

15:10-15:20 Peroneal tendons transfers and tenodesis  
**P. Symeonidis** (Greece)

15:20-15:30 Peroneus tendons instability  
**J. Štalc** (Slovenia)

15:30-15:40 Stainsby operation in rheumatic foot  
**A. Pettas** (Greece)

15:40-15:50 Spring ligament reconstruction  
**E. Palmanovich** (Israel)

15:50-16:00 Case presentations

16:00-16:30 Coffee break

16:30-16:45 Transfer to Laboratory of Anatomy & Surgical Anatomy AUTH

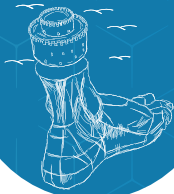
#### 16:45-19:00 Cadaveric Workshop

16:45-17:10 Pulvertaft method  
**A. Katsarov** (Bulgaria)

17:10-17:50 Participants practice

17:50-18:15 Spring ligament reconstruction  
**E. Palmanovich** (Israel)

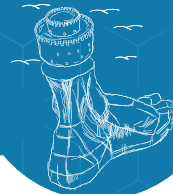
18:15-19:00 Participants practice



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### SCIENTIFIC PROGRAM

Saturday, June 15<sup>th</sup>, 2024

Teloglion Foundation of Fine Arts

#### 09:00-09:50 SESSION III

Chairpersons: **E. Palmanovich** (Israel), **A. Komor** (Poland)

- 09:00-09:10 Lateral ankle instability. ATFL reconstruction  
**S. Tsitsilonis** (Germany)
- 09:10-09:20 Medial ankle instability. Deltoid ligament reconstruction  
**A. Komor** (Poland)
- 09:20-09:30 Plantar plate repair  
**J. Štalc** (Slovenia)
- 09:30-09:40 Micro-instability and global instability; Both ends of a spectrum of  
ankle instability  
**N. M. Nasef** (Egypt)
- 09:40-09:50 Case presentations

09:50-10:10 Coffee break

10:10-10:25 Transfer to Laboratory of Anatomy & Surgical Anatomy AUTH

#### 10:25-12:40 Cadaveric Workshop

- 10:25-10:50 ATFL reconstruction  
**S. Tsitsilonis** (Germany)
- 10:50-11:30 Participants practice
- 11:30-11:50 Plantar plate repair  
**J. Štalc** (Slovenia)
- 11:50-12:40 Participants practice

12:40-13:40 Lunch break (Teloglion Foundation of Fine Arts)

### SCIENTIFIC PROGRAM

Saturday, June 15<sup>th</sup>, 2024

Teloglion Foundation of Fine Arts

#### 13:40-14:30 SESSION IV

Chairpersons: **J. Štalc** (Slovenia), **S. Tsitsilonis** (Germany)

- 13:40-13:50 Chronic Achilles tendon rupture  
**S. Tsitsilonis** (Germany)
- 13:50-14:00 Haglund's deformity. Operation techniques  
**A. Pettas** (Greece)
- 14:00-14:10 Achilles tendon lengthening  
**A. Katsarov** (Bulgaria)
- 14:10-14:20 Traumatic tendon ruptures. Tendon grafting  
**A. Komor** (Poland)
- 14:20-14:30 Case presentations

14:30-14:50 Coffee break

14:50-15:00 Transfer to Laboratory of Anatomy & Surgical Anatomy AUTH

#### 15:00-17:20 Cadaveric Workshop

- 15:00-15:25 Haglunds deformity. Achilles split approach  
**A. Pettas** (Greece)
- 15:25-16:10 Participants practice
- 16:10-16:40 FHL transfer  
**S. Tsitsilonis** (Germany)
- 16:40-17:20 Participants practice

17:20-18:00 Transfer to Teloglion and Closure



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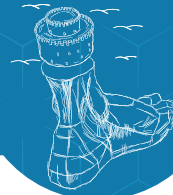
Organization:  
ΕΕΠΦΥ  
Επιστημονική  
Εταιρεία Προσώπων  
Ποιότητας Υγείας



In cooperation with:  
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Balkan Foot  
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## INDEX OF CHAIRS, SPEAKERS, INSTRUCTORS

<b>Badekas Athanasios</b>	Orthopaedic Surgeon-Traumatologist, Director, 3rd Orthopaedic Clinic Henry Dunant, Hospital Center, Athens, Greece
<b>Katsarov Atanas</b>	Assoc. Professor of Orthopaedics, Sofia, Bulgaria
<b>Kivioja Jouko</b>	M.D PhD, Orthopaedic Surgeon, Head of Foot & Ankle Surgery, Aleris Hand & Foot Center of Excellence, Queen Sophia Hospital, Stockholm, Sweden
<b>Komor Andrzej</b>	MD, Orthopaedic Surgeon, Carolina Medical Center, Warsaw, Knee, Foot and Ankle Consultant, PFAS Board Member, Poland
<b>Michelson Oliver</b>	Orthopaedic Surgeon, Terveystalo Healthcare, Helsinki, Finland
<b>Nasef Mohamed Nasef</b>	Professor of Orthopaedic Surgery, MB.Bch, MSc, MD Orthopaedics, Cairo University, Orthopaedic Reconstructive Foot & Ankle Surgery, Sports Injury and Joint Replacements Consultant, Egypt
<b>Palmanovich Ezequiel</b>	Professor, Director, Foot and Ankle Service, Orthopaedic Department, Meir Medical Center, Israel
<b>Pettas Antonios</b>	Senior Consultant in Orthopaedic Surgery Thessaloniki, Greece, CEO and Co-founder of Scandinavian Medical Center, Limassol, Cyprus
<b>Štalc Jurij</b>	Orthopaedic Hospital Valdoltra, Ankarana, Slovenia
<b>Symeonidis Panagiotis</b>	Orthopaedic Foot and Ankle Surgeon, St' Luke's Hospital, Thessaloniki, Greece
<b>Tsitsilonis Serafeim</b>	Ass. Prof. Dr. med. MSc, PhD, Orthopaedic and Center for Musculoskeletal Surgery, Charité - Berlin, Sporthopaedicum Berlin, Germany



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## GENERAL INFORMATION

### Date & Venue

14 -15 June 2024

### Workshops

Laboratory of Anatomy and Surgical Anatomy of Aristotle University of  
Thessaloniki (University Campus, Thessaloniki, Greece, Tel.: 0030 2310999305-2310 999681,  
anatomylab.web.auth.gr)

### Lectures

Teloglion Foundation of Fine Arts, (Agiou Dimitriou 159A, Str., Thessaloniki,  
Greece, Tel.: 0030 2310 991377, [www.teloglion.gr](http://www.teloglion.gr))

### Official Language

English will be the official language of the Course and no simultaneous  
translation will be provided.

### CME Accreditation

The Course has been accredited with **13 ECMECs** by the EACCME.

### Certificate of attendance

The certificates will be sent by the end of the Course and as soon as the  
evaluation form will be submitted to the Course Secretariat.

### Presentations

Available audiovisual equipment for all presentations will be through power  
point presentation. For power point presentations, your presence to the  
“technical reception desk” is required one hour prior to the time of your  
presentation in order to check the compatibility of your usb stick. Use of  
personal computers will not be permitted.

### Exhibition

Within the Course area there will be an exhibition of medical equipment and  
pharmaceutical products





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## GENERAL INFORMATION

### Registration Fees

Registration Type	Cost
Cost Specialists (lectures & cadaveric workshop)	1.200,00€
Residents (lectures & cadaveric workshop)	1.200,00€

24% VAT is not included in the above registration rates

### Course Secretariat



#### Thessaloniki:

50 A Stadiou Str., 55534, Pylaia, Thessaloniki, Greece

**Tel.:** 2310 247734-43,

**Email:** info@globalevents.gr

#### Athens:

2 Valestra str. & 168 A. Syngrou Av., 17671, Athens, Greece

**Tel.:** 210 3250260, **Email:** athens@globalevents.gr

[www.globalevents.gr](http://www.globalevents.gr)

## ACKNOWLEDGEMENTS

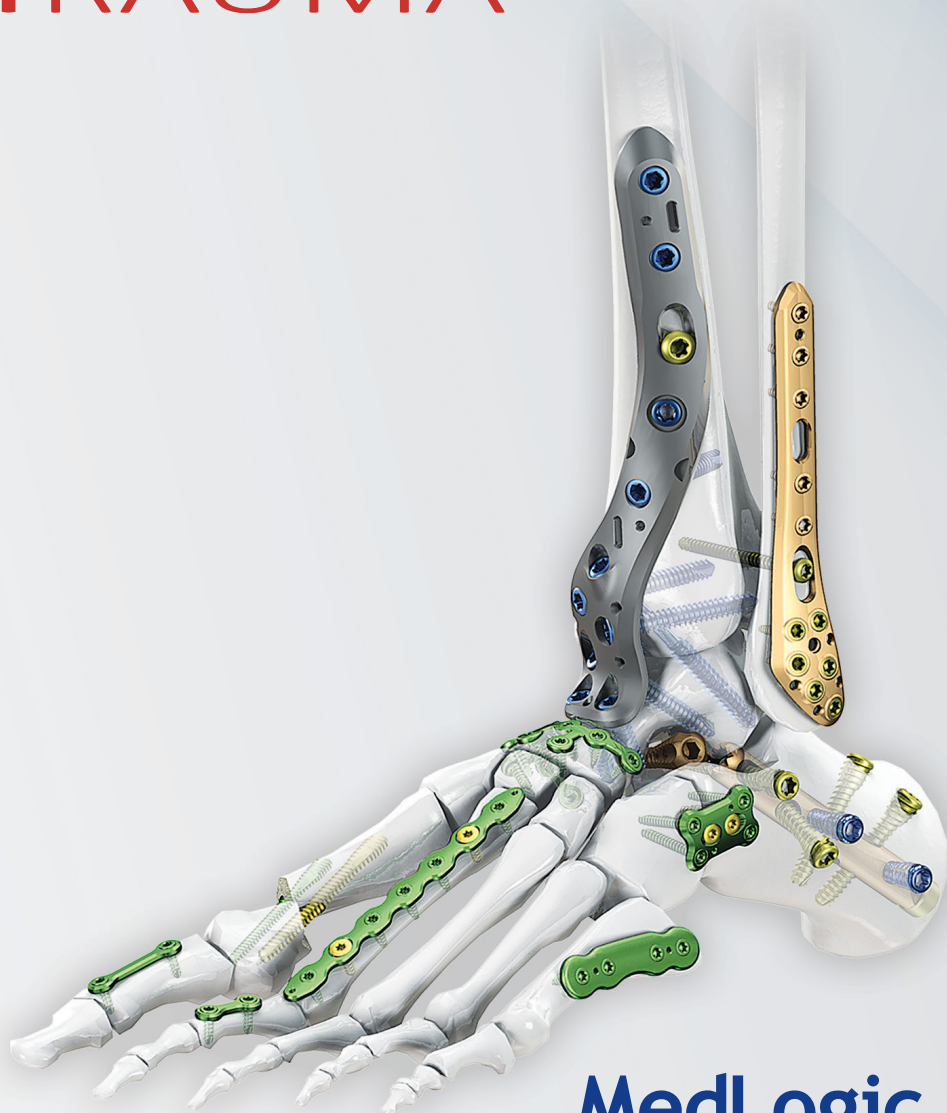
The Organizing Committee would like to acknowledge the success of the Course to the following companies.



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## TRAUMA



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