

**1<sup>st</sup>**

# Seminar

on **tendon transfers**  
& **ligament reconstruction**  
of the **Foot & Ankle**  
on **fresh frozen**  
**Cadaveric Specimens**

**June 4-5 2021**

**Thessaloniki** Greece

Laboratory of Anatomy & Surgical Anatomy  
of Aristotle University of Thessaloniki  
& Teloglion Fine Arts Foundation

**Under the auspices:**



School of Medicine,  
Aristotle University of Thessaloniki

**Organization:**

Orthopaedic & Traumatology  
Association of Macedonia & Thrace



**In cooperation with:**

1<sup>st</sup> Orthopaedic Department  
of Aristotle University of Thessaloniki,  
General Hospital "G. Papanikolaou"



Balkan Foot  
and Ankle Society (BAFAS)



**FINAL PROGRAM**

EXTREMITIES  
**Upper**

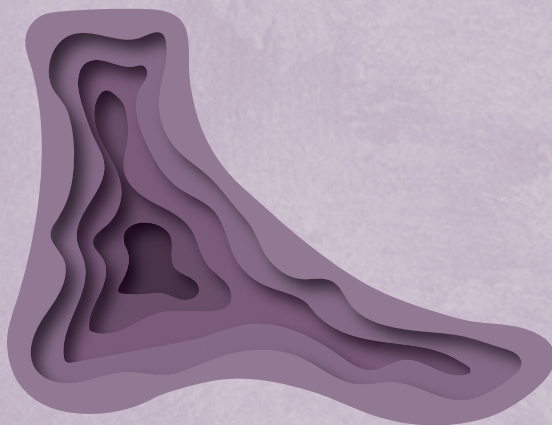


EXTREMITIES  
**Lower**



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# WELCOME ADDRESS

Dear colleagues and partners,  
Dear friends,

We are pleased to welcome you to the **1<sup>st</sup> Seminar on tendon transfers and ligament reconstruction of the Foot and Ankle on fresh frozen Cadaveric Specimens** on **June 4<sup>th</sup>-5<sup>th</sup>, 2021**, in Thessaloniki, Greece.

The Seminar is organized by **the Orthopaedic & Traumatology Association of Macedonia and Thrace** in cooperation with the **1<sup>st</sup> Orthopaedic Department of Aristotle University of Thessaloniki, "G. Papanikolaou" General Regional Hospital and the Balkan Foot and Ankle Society (BAFAS)**.

In recent years we witnessed a significant increase of interest among orthopaedic surgeons in Foot and Ankle surgery and that's why many worldwide experts have been invited to share with us their knowledge and experience. The topics that will be presented in the Seminar will cover a great range of the soft tissue procedures focusing on teaching safe Foot & Ankle reconstruction.

The theoretical part of the Seminar will be held at the Teloglion Fine Arts Foundation while the educational program on fresh frozen cadaveric specimens will take place at the Laboratory of Anatomy and Surgical Anatomy AUTH.

As hosts and organizers we shall spare no effort in making your participation scientifically rewarding and as meaningful as possible.

Thank you for your active participation.

Sincerely Yours,

**Dr. Antonios Pettas**  
**President of the Course**

Senior consultant in orthopaedic surgery  
Thessaloniki, Greece  
Specialistcenter Scandinavia, Stockholm, Sweden  
Head of Orthopaedic Department in AIMIS clinic  
Limassol, Cyprus

**Professor Panagiotis Givissis**  
**Honorary President of the Course**

Professor of Orthopaedics AUTH  
Director of the 1<sup>st</sup> Orthopaedic Department  
of General Hospital "G. Papanikolaou"  
Thessaloniki, Greece



## ΓΝΩΡΙΣΤΕ ΤΗΝ ΑΝΑΓΕΝΝΗΣΗ

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- Νευρολογικές Παθήσεις
- Τραυματισμοί
- Μυοσκελετικές παθήσεις
- Παθήσεις σπονδυλικής στήλης
- Νευροχειρουργικές σε μετεγχειρητικό στάδιο
- Καρδιαγγειακές & Αναπνευστικές Παθήσεις
- Νεοπλασματικές παθήσεις

Προσφέρει:

- Εξατομικευμένες υπηρεσίες φυσικής ιατρικής και αποκατάστασης
- Διεπιστημονική υποστήριξη από μία ολοκληρωμένη και έμπειρη ομάδα ιατρών, θεραπειών όλων των ειδικοτήτων και νοσηλευτών αποκατάστασης
- Πρωτοποριακές τεχνολογίες αποκατάστασης και μεθόδους θεραπείας
- Ιδανικό περιβάλλον εργασίας και προσωπικής ανάπτυξης σε κάθε εργαζόμενο που ανήκει στο ανθρώπινο δυναμικό της.



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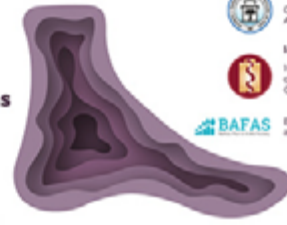
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Organization:  
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Association of Macedonia & Thrace



In cooperation with:  
IF Orthopaedic Department  
of Aristotle University of Thessaloniki,  
General Hospital "G. Papanicolaou"



Balkan Foot  
and Ankle Society (BAFAS)

## SCIENTIFIC COMMITTEE

President

**Antonios Pettas** (Greece)

Honorary President

**Panagiotis Givissis** (Greece)

Scientific Committee

**Athanasios Badekas** (Greece)

**Nikos Kalaitzis** (Greece)

**Atanas Katsarov** (Bulgaria)

**Andzjej Komor** (Poland)

**Levon Makinyan** (Russia)

**Alexey Mazalov** (Russia)

**Oliver Michelsson** (Finland)

**Ezequiel Palmanovich** (Israel)

**Panagiotis Symeonidis** (Greece)

**Jurij Štalc** (Slovenia)

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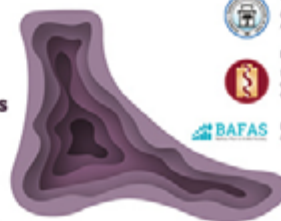
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BAFAS  
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### SCIENTIFIC PROGRAM

Friday, June 4<sup>th</sup>, 2021

#### Teloglion Foundation of Fine Arts

09:00 Registrations

09:30-09:45 Welcome addresses-Opening Speech

#### 09:45-11:00 SESSION I

Chairpersons: **Panagiotis Givissis** (Greece),  
**Oliver Michelsson** (Finland)

09:45-10:00 Foot and Ankle anatomy and biomechanics  
**Athanasios Badekas** (Greece)

10:00-10:10 Basic principles of tendon transfers  
**Panagiotis Givissis** (Greece)

10:10-10:20 Tibialis anterior transfer and SPLATT operation  
**Nikolaos Kalaitzis** (Greece)

10:20-10:30 Tibialis posterior insufficiency and FDL transfer  
**Athanasios Badekas** (Greece)

10:30-10:40 Plantar plate rupture and repair  
**Jurij Štalc** (Slovenia)

10:40-11:00 Case Presentations  
Development of equinus deformation of the foot due to  
myodystrophy. Surgical treatment  
**D.S. Bobrov** (Russia)

11:00-11:30 Coffee break

11:30-11:45 Transfer to Laboratory of Anatomy & Surgical Anatomy AUTH

#### 11:45-14:00 Cadaveric Workshop

11:45-12:10 Tibialis posterior insufficiency and FDL transfer  
**Athanasios Badekas** (Greece)

12:10-12:50 Participants practice

12:50-13:20 STAT operation  
**Nikolaos Kalaitzis** (Greece)

13:20-14:00 Participants practice

14:00-15:00 Lunch break (Teloglion Foundation of Fine Arts)



1<sup>st</sup>

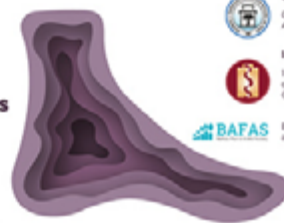
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## SCIENTIFIC PROGRAM

Friday, June 4<sup>th</sup>, 2021

### Teloglion Foundation of Fine Arts

#### 15:00-16:00 SESSION II

Chairpersons: **Athanasios Badekas** (Greece),  
**Nikolaos Kalaitzis** (Greece)

- 15:00-15:10 Extensor hallucis and digitorum brevis transfer in Cavus foot  
**Altug Tanriover** (Turkey)
- 15:10-15:20 Peroneal tendon transfers and tenodesis  
**Panagiotis Symeonidis** (Greece)
- 15:20-15:30 Peroneus tendons instability  
**Jurij Štalc** (Slovenia)
- 15:30-15:40 Stainsby operation in rheumatic foot  
**Antonios Pettas** (Greece)
- 15:40-15:50 Spring ligament reconstruction  
**Ezequiel Palmanovich** (Israel)
- 15:50-16:00 Case Presentations  
Elastic plano-valgus deformity. Subtalar arthroeresis and secondary  
techniques. PPT plastic, FDL transfer  
**Aleksey Mazalov** (Russia)

#### 16:00-16:30 Coffee break

#### 16:30-16:45 Transfer to Laboratory of Anatomy & Surgical Anatomy AUTH

#### 16:45-19:00 Cadaveric Workshop

- 16:45-17:10 Pulvertaft method  
**Atanas Katsarov** (Bulgaria)
- 17:10-17:50 Participants practice
- 17:50-18:10 Spring ligament reconstruction  
**Ezequiel Palmanovich** (Israel)
- 18:10-19:00 Participants practice

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## SCIENTIFIC PROGRAM

Saturday, June 5<sup>th</sup>, 2021

### Teloglion Foundation of Fine Arts

#### 09:00-09:50 SESSION III

Chairpersons: **Antonios Pettas** (Greece),  
**Atanas Katsarov** (Bulgaria)

- 09:00-09:10 Lateral ankle instability. ATFL reconstruction  
**Oliver Michelsson** (Finland)
- 09:10-09:20 Medial ankle instability. Deltoid ligament reconstruction  
**Antonios Pettas** (Greece)
- 09:20-09:30 Hallux varus. EHL transfer  
**Levon Makinyan** (Russia)
- 09:30-09:40 Acute and chronic conditions of plantar fascia  
**Atanas Katsarov** (Bulgaria)
- 09:40-09:50 Case presentations

#### 09:50-10:10 Coffee break

#### 10:10-10:25 Transfer to Laboratory of Anatomy & Surgical Anatomy AUTH

#### 10:25-12:40 Cadaveric Workshop

- 10:25-10:50 ATFL reconstruction  
**Antonios Pettas** (Greece)
- 10:50-11:30 Participants practice
- 11:30-11:50 EHL transfer  
**Levon Makinyan** (Russia)
- 11:50-12:40 Participants practice
- 12:40-13:40 Lunch break** (Teloglion Foundation of Fine Arts)

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## SCIENTIFIC PROGRAM

Saturday, June 5<sup>th</sup>, 2021

### Teloglion Foundation of Fine Arts

#### 13:40-14:30 SESSION IV

Chairpersons: **Jurij Štalc** (Slovenia),  
**Antonios Pettas** (Greece)

- 13:40-13:50 Chronic achilles tendon rupture  
**Antonios Pettas** (Greece)
- 13:50-14:00 Haglund's deformity. Operation techniques  
**Antonios Pettas** (Greece)
- 14:00-14:10 Achilles tendon lengthening  
**Atanas Katsarov** (Bulgaria)
- 14:10-14:20 Traumatic tendon ruptures. Tendon grafting  
**Andrzej Komor** (Poland)
- 14:10-14:30 Case Presentations

#### 14:30-14:50 Coffee break

#### 14:50-15:00 Transfer to Laboratory of Anatomy & Surgical Anatomy AUTH

#### 15:00-17:20 Cadaveric Workshop

- 15:00-15:25 Haglunds deformity. Achilles split approach  
**Antonios Pettas** (Greece)
- 15:25-16:10 Participants practice
- 16:10-16:40 FHL transfer  
**Aleksey Mazalov** (Russia)
- 16:40-17:20 Participants practice

#### 17:20-18.00 Transfer to Teloglion Foundation of Fine Arts and Closure





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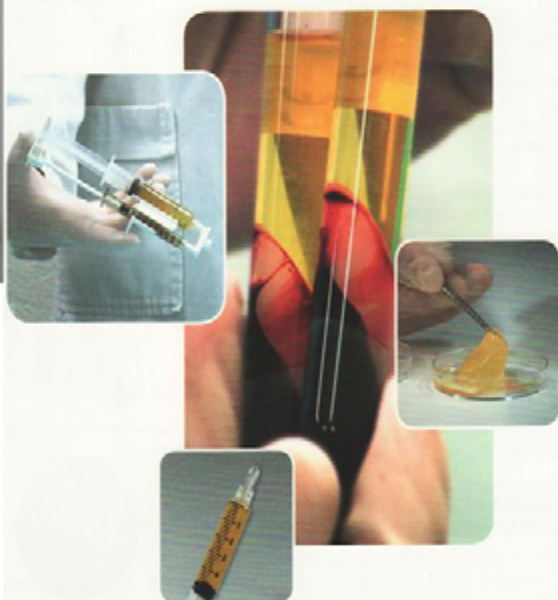


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## GENERAL INFORMATION

### Date & Venue

June, 4<sup>th</sup>-5<sup>th</sup>, 2021

### Workshops

Laboratory of Anatomy & Surgical Anatomy of Aristotle University of Thessaloniki  
University Campus, Thessaloniki, Greece, Tel.: 0030 2310999305-2310 999681,  
[anatomylab.web.auth.gr](http://anatomylab.web.auth.gr)

### Lectures

Teloglion Foundation of Fine Arts,  
Agiou Dimitriou 159A, Str., Thessaloniki, Greece, Tel.: 0030 2310 991377,  
[www.teloglion.gr](http://www.teloglion.gr)

### Official Language

English will be the official language of the Seminar and no simultaneous translation will be provided.

### CME Accreditation

The Seminar has been accredited with 16 CME credits by the National Medical Association.

### Certificate of attendance

Please note that a barcode system will be used and in order to obtain CME credits you must complete 60% participation of the scientific program. The certificates will be sent by the end of the Seminar and as soon as the evaluation form will be submitted to the Seminar Secretariat.

### Presentations

Available audiovisual equipment for all presentations will be through power point presentation. For power point presentations, your presence to the "technical reception desk" is required one hour prior to the time of your presentation in order to check the compatibility of your cd or usb stick. Use of personal computers will not be permitted.

### Exhibition

Within the Seminar area there will be an exhibition of medical equipment and pharmaceutical products.

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## GENERAL INFORMATION

### Registration Fees

Registration Type	Cost
Specialists	<b>700,00€</b>
Residents	<b>700,00€</b>

24% VAT is not included in the above registration rates

### Seminar Secretariat



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#### THESSALONIKI

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T 2310 247743, 2310 247734, F 2310 247746  
E [info@globalevents.gr](mailto:info@globalevents.gr)

#### ATHENS

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Amount per serving	
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	% DV*
<b>Total Fat</b> 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	0%
<b>Sodium</b> 51mg	2%
<b>Total Carbohydrate</b> 0g	0%
<b>Total Protein</b> 17.5g	35% <sup>†</sup>

Not a significant source of cholesterol, dietary fiber, total sugars, added sugars, vitamin D, calcium, iron, and potassium.  
 \*%DV = %Daily Value.  
 †Includes 15.0 grams hydrolyzed collagen protein and 2.5 grams fortified amino acids.

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Hydroxylysine	0.7
Hydroxyproline	12.9
Isoleucine*	1.5
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- Απώλεια μυϊκής μάζας (καρκίνος, AIDS)
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## INDEX OF CHAIRS, SPEAKERS, INSTRUCTORS

### Badekas Athanasios

Orthopaedic Surgeon-Traumatologist,  
Director 3<sup>rd</sup> Orthopedic Clinic Henry Dunant  
Hospital Center  
President Elect HAOST (Hellenic Association  
of Orthopaedic Surgery and Traumatology),  
Athens, Greece

### Bobrov Dmitry S.

Orthopaedic Surgeon, Associate Professor  
of Traumatology, Orthopaedics and Disaster  
Surgery Department, Sechenov University,  
University Clinical Hospital 1, Boykin Hospital,  
Russia

### Givissis Panagiotis

Professor of Orthopaedics AUTH  
Director of the 1<sup>st</sup> Orthopaedic Department  
of General Hospital "G. Papanikolaou"  
Thessaloniki, Greece,  
Honorary President of the Seminar

### Kalaitzis Nikolaos

Orthopaedic Surgeon, Thessaloniki, Greece

### Katsarov Atanas

Associate Professor of Orthopaedics,  
Sofia, Bulgaria

### Komor Andrzej

Orthopaedic Surgeon, Carolina Medical Center,  
Warsaw, Poland

### Makinyan Levon

Docent Senior Lecturer at the Chair of  
Traumatology and Orthopaedics, PFUR,  
Russia

### Mazalov Aleksey

Orthopaedic Surgeon, President of the Russian  
Association of Foot and Ankle Surgeons,  
Russia

### Michelsson Oliver

Orthopaedic Surgeon, Helsinki, Finland

### Palmanovich Ezequiel

Assistant Professor, Director of the Foot and  
Ankle Service Orthopedic Department,  
Meir Medical Center, Kfar-Saba, Israel

### Pettas Antonios

Senior Consultant in Orthopaedic Surgery  
Thessaloniki, Greece  
Specialistcenter Scandinavia, Stockholm,  
Sweden  
Head of Orthopaedic Department in AIMIS  
Clinic, Limassol, Cyprus,  
President of the Seminar

### Štalc Jurij

Orthopaedic Surgeon, Orthopedic Hospital  
Valdoltra, Slovenia

### Symeonidis Panagiotis

Orthopaedic Foot and Ankle Surgeon  
St' Luke's Hospital, Thessaloniki, Greece

### Tanriover Altug

Orthopaedic Surgeon, Foot and Ankle  
Specialist, Cankaya Hospital, Ankara, TURKEY

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1<sup>st</sup>

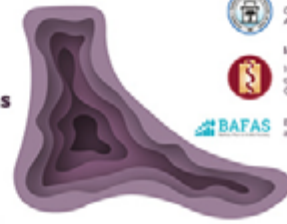
## Seminar

on **tendon transfers & ligament reconstruction**  
of the **Foot & Ankle** on **fresh frozen Cadaveric Specimens**

June 4-5 2021

Thessaloniki Greece  
Laboratory of Anatomy & Surgical Anatomy of Aristotle University  
of Thessaloniki & Telogion Fine Arts Foundation

Under the auspices:  
School of Medicine,  
Aristotle University of Thessaloniki



Organization:  
Orthopedic & Traumatology  
Association of Macedonia & Thrace



In cooperation with:  
IF Orthopaedic Department  
of Aristotle University of Thessaloniki,  
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