



1st Seminar

on tendon transfers & ligament reconstruction
of the Foot & Ankle on fresh frozen Cadaveric Specimens

June 4-5 2021

Thessaloniki Greece
Laboratory of Descriptive Anatomy of Aristotle University
of Thessaloniki & Teloglion Fine Arts Foundation



Organization:
Orthopaedic & Traumatology
Association of Macedonia & Thrace



In cooperation with:
1st Orthopaedic Department
of Aristotle University of Thessaloniki,
"G. Papanikolaou" General Regional Hospital

Balkan Foot
and Ankle Society (BAFAS)

Scientific Programme

Friday, June 4th, 2021

Teloglion Foundation of Fine Arts

- 09:00 Registrations
- 09:30-09:45 Welcome addresses-Opening Speech
- 09:45-11:00 **SESSION I**
Chairpersons: **Panagiotis Givissis (Greece), Oliver Michelsson (Finland)**
- 09:45-10:00 Foot and Ankle anatomy and biomechanics
Athanasios Badekas (Greece)
- 10:00-10:10 Basic principles of tendon transfers
Panagiotis Givissis (Greece)
- 10:10-10:20 Tibialis anterior transfer and SPLATT operation
Nikolaos Kalaitzis (Greece)
- 10:20-10:30 Tibialis posterior insufficiency and FDL transfer
Athanasios Badekas (Greece)
- 10:30-10:40 Plantar plate rupture and repair
Jurij Štalc (Slovenia)
- 10:40-11:00 Case Presentations
- Development of Equinus Deformation of the foot due to Myodystrophy.
Surgical treatment
D.S. Bobrov (Russia)
- 11:00-11:30 *Coffee break*

11:30-11:45	Transfer to Laboratory of Anatomy & Surgical Anatomy AUTH
11:45-14:00	Cadaveric Workshop
11:45-12:10	Tibialis posterior insufficiency and FDL transfer Athanasios Badekas (Greece)
12:10-12:50	Participants practice
12:50-13:20	STAT operation Nikolaos Kalaitzis (Greece)
13.20-14:00	Participants practice

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- 14:00-15:00 **Lunch break**
- 15: 00-16:00 **SESSION II**
Chairpersons: **Athanasios Badekas (Greece), Nikolaos Kalaitzis (Greece)**
- 15:00-15:10 Extensor hallucis and digitorum brevis transfer in Cavus foot
Altug Tanriover(Turkey)
- 15:10-15:20 Peroneal tendon transfers and tenodesis
Panagiotis Symeonidis (Greece)
- 15:20-15:30 Peroneus tendons instability
Matej Drobnic (Slovenia)
- 15:30-15:40 Stainsby operation in rheumatic foot
Antonios Pettas (Greece)
- 15:40-15:50 Spring ligament reconstruction
Ezequiel Palmarovich (Israel)
- 15:50-16:00 Case Presentations
Elastic plano-valgus deformity.Subtalar arthroeresis and secondary techniques.
PPT plastic, FDL transfer
Aleksey Mazalov (Russia)
- 16:10-16:30 **Coffee break**

16:30-16:45 **Transfer to Laboratory of Anatomy & Surgical Anatomy AUTH**

16:45-19:00 **Cadaveric Workshop**

16:45-17:10 Pulvertaft method
Atanas Katsarov (Bulgaria)

17:10-17:50 Participants practice

17:50-18-10 Spring ligament reconstruction
Ezequiel Palmarovich (Israel)

18:10-19:00 Participants practice



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Saturday, June 5th, 2021

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09: 00-09:50 **SESSION III**
Chairpersons: **Antonios Pettas (Greece), Atanas Katsarov (Bulgaria)**

09:00-09:10 Lateral ankle instability. ATFL reconstruction
Oliver Michelsson (Finland)

09:10-09:20 Medial ankle instability. Deltoid ligament reconstruction
Kaan Irgit (Turkey)

09:20-09:30 Hallux varus. EHL transfer
Levon Makinyan (Russia)

09:30-09:40 Acute and chronic conditions of plantar fascia
Atanas Katsarov (Bulgaria)

09:40-09:50 Case presentations

09:50-10:10 *Coffee break*

10:10-10:25 **Transfer to Laboratory of Anatomy & Surgical Anatomy AUTH**

10:25-12:40 **Cadaveric Workshop**

10:25-10:50 ATFL reconstruction
Oliver Michelsson (Finland)

10:50-11:30 Participants practice

11:30-11:50 EHL transfer
Levon Makinyan (Russia)

11:50-12:40 Participants practice

12:40-13:40 *Lunch break*

13: 40-14:30 **SESSION IV**
Chairpersons: **Matej Drobnic (Slovenia), Kaan Irgit (Turkey)**

13:40-13:50 Chronic achilles tendon rupture
Kaan Irgit (Turkey)

13:50-14:00 Haglund's deformity. Operation techniques
Antonios Pettas (Greece)

14:00-14:10 Achilles tendon lengthening
Atanas Katsarov (Bulgaria)



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- 14:10-14:20 Traumatic tendon ruptures. Tendon grafting
Andrzej Komor (Poland)
- 14:10-14:30 Case Presentations
- Arthroscopic FHL for Acute Achilles tendon rupture
Nasef Mohamed Nasef (Egypt)
- 14:30-14:50 *Coffee break*

14:50-15:00	Transfer to Laboratory of Anatomy & Surgical Anatomy AUTH
15:00-17:20	Cadaveric Workshop
15:00-15:25	Haglunds deformity. Achilles split approach Antonios Pettas (Greece)
15:25-16:10	Participants practice
16:10-16:40	FHL transfer Kaan Irgit (Turkey)
16:40-17:20	Participants practice

17:20-18.00 Transfer to Teloglion Foundation of Fine Arts and Closure